

E_{PE4}

2020/2021



Name / Surname(s):

School:

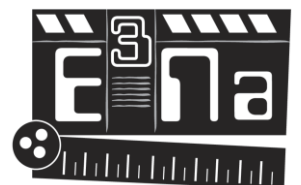
Group:

City / Town:

Date:

***English
Literacy***

***Year 4 of Primary
Education***



Listening

You will hear about Laura, a girl who lives in a village.

Listen to the audio and choose the correct answer.

1. Where is White Cliffs?

- A. In Austria
- B. In Africa
- C. In Australia
- D. In Argentina



2. There are 80 people in the village.

- A. True
- B. False

3. The village hasn't got a _____ or a _____.

4. Laura's family has got a farm. It is...

- A. in the city center.
- B. very far from the big city.
- C. close to the big city.
- D. in the desert.

5. They can watch TV because...

- A. they have internet.
- B. they connect with the phone.
- C. they have a big TV.
- D. they have satellite TV.

6. Can Laura go to school in White Cliffs?

- A. Yes, she can.
- B. No, she can't.

7. Laura can _____ her lessons on the internet and talk to the _____ on the computer.

- A. learn, teachers
- B. study, friends
- C. study, parents
- D. work, teachers

8. Where are Laura's friends from?

- A. From Australia
- B. From White Cliffs
- C. From different countries
- D. From New Zealand

Reading 1

Healthy daily habits

HEALTHY DIET

Eating healthy food is extremely important. We all like sweets and chips and pizza. But these foods are not healthy. They are sugary and fatty. Eat fruit and vegetables every day and remember that water is the best option when you are thirsty.



CLEAN BODY

It is important to take a bath or shower once a day. Wash your hair with shampoo often. Always wash your hands with soap and water before eating. Your teeth are important too. Brush them at least twice a day after breakfast and before you go to bed.



DO EXERCISE...

Do some form of exercise every day: run, walk, jump, play... Spend at least 1 hour daily being physically active. Remember to warm up your muscles so you don't hurt them. Play and have fun!



STAY HAPPY

Make good choices every day for a happy and healthy YOU!
*Do your favourite things.
*Be around people you love.
*Share your feelings happy, sad, angry...



... AND BE SAFE

Exercise is good for you but sometimes there are accidents. You must wear correct clothes to protect your body when riding a bicycle or skating: helmet, knee and elbow pads, gloves... Use sun cream. Protect your skin from the sun when it's hot and you are playing outside. Respect other people around you and obey safety rules.

SLEEP

Go to bed at about the same time every night. Relax by doing a quiet activity such as reading a book or listening to music. Make sure you get at least 8 hours of sleep every night. Also, you can rest or take a nap when your body is tired.



9. What food should you eat every day?

- A. Pizza
- B. Vegetables
- C. Sweets
- D. Chips

10. What is the best drink when you are thirsty?

- A. Soda
- B. Orange juice
- C. Water
- D. Energy drink

11. You always have to wash your hair with shampoo.

- A. True
- B. False

12. You have to brush your teeth before...

- A. eating lunch
- B. breakfast
- C. playing with your toys
- D. going to bed

13. What part of your body does a helmet protect?

- A. Hands
- B. Knees
- C. Head
- D. Elbows

14. _____ helps to protect your skin from the sun.

- A. Sunglasses
- B. Gloves
- C. Helmet
- D. Sun cream

15. What action helps you to stay happy?

- A. Spending time with your friends.
- B. Doing your homework.
- C. Going to the dentist.
- D. Tidying up your bedroom.

16. What can you do to sleep well?

- A. Go to bed late.
- B. Read a book.
- C. Play videogames.
- D. Eat a lot of sweets and chocolate.

17. What can you do to not hurt your muscles?

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Continue on next page

Reading 2

SUPERHERO LIFE

There are modern superheroes, like PJ Masks, Ladybug or The Incredibles. They are strong, fast, intelligent and good. All of them have a real life and keep their superhero powers in secret.



Ladybug is a student. Her real name is Marinette and she lives in Paris. She wears a red costume with black spots, and a mask. Her superpowers are in the Miraculous balls, which are magic.



PJ Masks are a group of friends. During the day they go to school, like you! They learn, play and have fun with other boys and girls at school. But when the night comes... they put on their pyjamas and are ready to fight Romeo or Night Ninja, their enemies. Every night PJ Masks save their city! They wear red, green and blue costumes and have super powers: flying for Owlette, scaling walls for Gekko and running speed for Catboy.

The Incredibles are a family of superheroes! They all wear black and red costumes and a mask; and all of them have a personal super power. Dad is super strong and he can fight any villain or enemy. Mom is super elastic, she is flexible and can **stretch** her body. Violet, the girl, can become invisible and she can protect others. Dash, the boy, has super velocity powers: he can run faster than any animal in the world! And the baby... he has lots and lots of super powers depending on his **mood**.

This family keeps their powers in secret, too. They have a “normal” life and they become super heroes when the enemy attacks!

STRETCH= ESTIRAR

MOOD = HUMOR, ESTADO DE ÁNIMO

18. According to the text, some modern superheroes are...

- A. Superman, Batman, Spiderman and Wonder Woman
- B. Mickey Mouse, Peppa Pig and Ninja Turtles
- C. Ladybug, The Incredibles and PJ Masks
- D. Frozen, Shrek and Gru (Despicable Me)

19. Circle 3 adjectives that are TRUE for a superhero:

Mean

Fast

Rich

Intelligent

Strong

Bad

20. What is Marinette's superhero personality?

- A. Owlette
- B. Violet
- C. Elastic
- D. Ladybug

21. What kind of costume does Ladybug wear?

- A. Red and black, with letters
- B. Red with black spots
- C. Black and blue, with wings
- D. Green and black, and a mask

22. What do PJ Masks do in their real life?

- A. They fight their enemies.
- B. They fly, run and are very strong.
- C. They go to school with their friends.
- D. They live in Paris.

23. Who are Romeo and Night Ninja?

- A. They are PJ Masks' enemies.
- B. They are Ladybug's enemies.
- C. They are The Incredibles' enemies.
- D. They are modern superheroes.

24. How many people are there in The Incredibles family?

- A. 5
- B. 4
- C. 3
- D. 2

25. All the members of The Incredibles family have the same power.

- A. True
- B. False

26. Catboy and Dash have the same superpower. What is it?

- A. They can fly.
- B. They can run very fast.
- C. They can become invisible.
- D. They are elastic.

27. Choose the best definition:

- A. The text talks about the strongest superheroes in the world.
- B. The text shows everyone can be a superhero.
- C. The text describes some modern superheroes' lives and their characteristics.
- D. The text talks about children's favorite superheroes.





28. What information does the text give about ALL superheroes?

(Ladybug, The incredibles and PJ Masks):

- A. Costume and super powers.
- B. Physical description and enemy's name.
- C. Costume and enemy's name.
- D. Super powers and enemy's name.

Writing

29. Choose one of the cards and write a description about your superhero:

 <p>GREEN LANTERN</p> <p><u>Real name:</u> Haal Jordan</p> <p><u>Superpower:</u> power ring</p> <p><u>Can:</u> fly, hypnotize, time travel</p> <p><u>City:</u> Coast City</p> <p><u>Enemy:</u> Sinestro</p>	 <p>FLASH WOMAN</p> <p><u>Real name:</u> Jesse Chambers</p> <p><u>Superpower:</u> superhuman speed, agility and strength</p> <p><u>Can:</u> run super fast</p> <p><u>City:</u> Central City</p> <p><u>Enemy:</u> Savitar</p>	 <p>WONDER WOMAN</p> <p><u>Real name:</u> Diana Prince</p> <p><u>Superpower:</u> superhuman strength and speed, super senses</p> <p><u>Can:</u> fly</p> <p><u>City:</u> Paradise Island</p> <p><u>Enemy:</u> Max Lord</p>	 <p>THOR</p> <p><u>Real name:</u> Thor Odinson</p> <p><u>Superpower:</u> god of thunder, enchanted hammer</p> <p><u>Can:</u> create super storms</p> <p><u>City:</u> Asgard</p> <p><u>Enemy:</u> Loki</p>
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You can talk about:

- Superhero presentation (name, lives...)
- Physical description (looks like, wears...)
- Personality
- Superpower description (what it is, what it can do...)
- Abilities (can, can't do...)
- Enemy (name, invented description...)
- Your opinion

SOME SUPER HELP...

Strength = Fuerza	Speed = Velocidad	God = Dios
Thunder = Trueno	Hammer = Martillo	Costume = Traje



This part is for the teacher only

Mark 0, 1, 2, 3 or 4	
General presentation and spelling	
Coherence	
Grammatical accuracy and lexical range	
Item 29 – Total:	/12