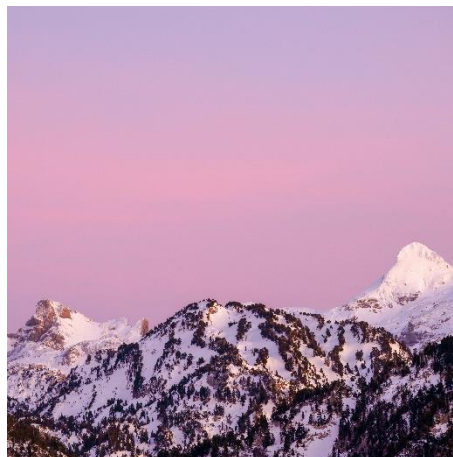


E_{PE4}

2022/2023



Larra-Belagua
Source: Navarre Tourist Board
Author: Iñaki Tejerina

Name / Surname(s):

School:

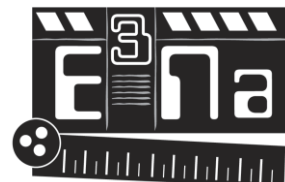
Group:

City / Town:

Date:

**English
Literacy**

**Year 4 of Primary
Education**



Instructions

This test consists of three parts: Listening, Reading and Writing.

Listening

We will begin with a listening test. You will hear someone speaking about a situation.

- First, read the questions (2 minutes).
- Listen carefully to the recording. You will hear the recording three times.
- After each part, you will have time to answer the questions.

For each question, you have to circle the right answer. *For example:*

Example 1. How many months are there in a year?

- A. 2 months.
- B. 17 months.
- C. 12 months.
- D. 10 months.

If you decide to change your answer, cross out (X) your first option and circle your new answer. *For example:*

Example 1. How many months are there in a year?

- A. 2 months.
- B. 17 months.
- C. 12 months.
- D. 10 months.

Reading

You will read two texts and answer several questions.

Writing

Lastly, you will write a short composition, following some instructions.



The whole test lasts 60 minutes.

Listening

You will hear an audio where Matt talks about sports. Listen carefully and answer the questions.

1. Matt _____ playing sport.

- A. loves
- B. likes
- C. enjoys
- D. hates

2. Matt thinks basketball is great because...

- A. he is good at it.
- B. he is learning it.
- C. it is his favourite sport.
- D. the players are nice.

3. How many sports does he practise?

- A. One.
- B. Two.
- C. Three.
- D. Four.

4. The sports center is in the _____.

5. At what time does he practise tennis?

- A. At 5:30.
- B. At 6:00.
- C. After 6:00.
- D. After 7:30.



6. On Tuesdays, he plays _____ first, then he practises _____.

7. Matt is very busy every Tuesday evening.

A. True.

B. False.

8. Matt's brother enjoys...

A. no sports.

B. all sports.

C. indoor sports.

D. sports in the nature.

9. Which is the sport Matt really wants to try?

Basketball

Sailing

Swimming

Climbing

Horse riding

Tennis

Reading 1 - TRIATHLON

“What is your favourite sport?”

When people ask this question, they usually expect one short answer: basketball, skating, rugby, football... Most of my friends practice only one sport, but not me. Because my favourite sport is a combination of three sports: the triathlon.



The word *triathlon* comes from the Greek language, meaning three contests or competitions. The triathlon sport is in the Olympic Games since 2000.

In a triathlon competition, you must complete three races, one after the other. The first part is swimming; the second is biking; and the final piece is running.

Triathlon is not all about being strong or fast. The most important thing is endurance: the capacity to participate in a competition during a long period of time (some triathlons take as long as 12 hours!)

To be a good *triathlete* you must train every day. To train this sport you need to be good at swimming in both the swimming pool and in the open sea. You also need to have a great bicycle and helmet for the biking piece. And your running expertise is super important to finish the race.

Maybe, after reading this text, you want to try it one day... The best age to start triathlon is 8 years old, and the distances for children are 100 meters swimming, 2 km biking and 500 meters running.

Adults can start with the Super Sprint Triathlon, which is the shortest version: 400 meters swimming, 10 km biking and 2.5 km running.

And maybe... in some years we can see you in the most important competition of triathlon: the IronMan and IronWoman! These are the hardest of competitions and each participant must finish 3.8 km swimming in the sea, 180 km biking and 42.2 km running (which is a complete marathon!).



10. According to the text, people usually practise...

- A. no sports.
- B. one sport.
- C. two sports.
- D. many sports.

11. What does triathlon mean?

- A. It means 3 sports.
- B. It means many sports.
- C. It means combination sports.
- D. It means favourite sport.

12. In a triathlon, you complete the three races in the same order.

- A. True.
- B. False.

13. _____ is the most important to finish a triathlon.

- A. To be strong
- B. To be fast
- C. Endurance
- D. Running

14. A good triathlete trains...

- A. regularly.
- B. daily.
- C. often .
- D. weekly.

15. What is the swimming distance for children?

- A. 100 meters.
- B. 400 meters.
- C. 1 km.
- D. 3.8 km.

16. Which is the hardest triathlon contest for women?

- A. Super Sprint.
- B. IronMan.
- C. IronWoman.
- D. Marathon.

17. Tick the three objects you need to participate in a triathlon:

- Ball
- Swimsuit
- Racket
- Sneakers/trainers
- Rollerblades
- Bat
- Kimono
- Bicycle



Continue on next page

Reading 2 - HOMEMADE PIZZA

My mum loves pizza. My dad loves pizza. My siblings love pizza. And I loooooove pizza. We are a family of pizza lovers! And because we all love pizza, every Friday we have pizza night at home.

Some people call and order pizzas from pizzerias, trattorias or buy frozen ones. But in my family we make the pizzas ourselves from the very first step. We follow my grandpa's instructions to bake the best pizza in the world:



- First, we let the dough sit in a bowl for about 2 hours. It grows bigger and bigger!
- Then, using a rolling pin, we **roll the dough** on the kitchen's table to make a big, thin, round pizza base.
- Third, we add the tomato sauce using a cooking brush; it is like painting a big red piece of art! My grandpa says the best pizzas must have homemade tomato sauce, so my dad cooks it the day before pizza night.
- After that, we sprinkle a little bit of oregano on top of the sauce.
- Next, we prepare the toppers. Toppers are all the extra and different ingredients we add to our pizza. These ingredients are called toppers because they go on top of the pizza, of course! So we **grate** the mozzarella cheese; **chop** onions, chicken and mushrooms; slice bacon, olives and green peppers...
- Sixth step: each member of the family creates their own pizza choosing from all the ingredients we have prepared. My favourite pizza has got lots of cheese, sausages, green peppers and chicken.
- Finally, we put them in the oven —we do it very carefully because it is really hot— and bake the pizzas for about 12 minutes.

Time to eat our pizzas while watching our favourite TV programme! Yay!



18. Why do this family have Friday pizza night? Because...

- A. they make pizzas.
- B. they follow a special recipe.
- C. they love eating pizza.
- D. for them it is a tradition.

19. The narrator's family likes to eat at pizza restaurants.

- A. True.
- B. False.

20. Whose recipe is the best in the world?

- A. Mom's recipe.
- B. Dad's recipe.
- C. Siblings' recipe.
- D. Grandpa's recipe.

21. What do they use to make the pizza base thin?

- A. A rolling pin.
- B. A cooking brush.
- C. A bowl.
- D. An oven.

22. You can feel like an artist when...

- A. baking pizzas.
- B. rolling the dough.
- C. using a cooking brush.
- D. preparing the toppers.

23. Who makes the tomato sauce?

- A. Mom.
- B. Dad.
- C. Grandpa.
- D. The narrator.

24. When do we add the toppers?

- A. After the oregano.
- B. Before the oregano.
- C. Before the tomato.
- D. On top of the pizza base.

25. The narrator's favourite pizza has got...

- cheese.
- onions.
- green peppers.
- sausages.
- mushrooms.
- chicken.
- bacon.
- olives.

26. How many cooking steps are there in total?

- A. 3
- B. 5
- C. 7
- D. 10

Continue on next page



Writing

27. Write about what you usually do at weekends (Saturdays or Sundays).

HERE ARE SOME IDEAS TO HELP YOU:

- What do **you do in the morning**? In the **afternoon**? (Times and routines)
- Do you practise any **sport**?
- Do you participate in **other activities**?
- Do you **go anywhere**? Do you **stay at home**?
- Do you **enjoy** weekends? **Why**?

You can use, if you want, this space to **ORGANISE YOUR IDEAS** before you start writing:

First paragraph	
Second paragraph	
Third paragraph	

This part is for the teacher only

	Mark 0, 1, 2, 3 or 4
General presentation and spelling	
Coherence and cohesion	
Grammatical accuracy and lexical range	
Item 27 – Total:	/12